



Wilderness First Aid for Nurses and EMTs

Friday and Saturday, September 30 and October 1, 2022

The Class of '66 Cabin
Etna, NH

To participate in this learning activity, you must view all of the pre-course videos and slides listed. The videos take about 35 minutes to view in full. Please ensure that you watch them, or you will not be prepared for this course.

1. Patient assessment, Primary Survey, Secondary Survey (7:18 minutes)
 - <https://www.youtube.com/watch?v=9fy8jn0-0zc>
2. Splinting Upper extremity/SAM (7:54 minutes)
 - <https://www.youtube.com/watch?v=3nMS3HkV7sM>
3. Splinting Shoulder (2:53 minutes)
 - <https://www.youtube.com/watch?v=gtdNhlEghvQ>
4. Splinting Clavicle (3:06 minutes)
 - <https://www.youtube.com/watch?v=iO2eBvy5gSo>
5. Splinting Lower leg splint (2:32 minutes)
 - <https://www.youtube.com/watch?v=iY5AxRkZOOK>
6. Pelvic Wrap (1:19 minutes)
 - <https://www.youtube.com/watch?v=wyLGa0nkBxA>
7. Hypothermic Wrap Demonstration - (3:45 minutes)
 - <https://www.youtube.com/watch?v=DVYydzin79c>
8. C spine & wraps 1 & 2 person log roll (2:53 minutes)
 - <https://www.youtube.com/watch?v=TJa9lvUUQdk>
9. Making rope hypo wrap (3:55 minutes)
 - <https://youtu.be/f1PYnel1g14>
10. Liter carry - 2 person carry (1:00 minute)
 - <https://www.youtube.com/watch?v=YD2kuEzDznl>
11. Liter carry - Group (4:14 minutes)
 - <https://www.youtube.com/watch?v=JnJtY6D2s3w>
12. Compass and Map – Terms (2:54 minutes)
 - <https://www.youtube.com/watch?v=6mTISEANFFY>
13. Map and Compass – Tips for Use (44 seconds)
 - <https://www.youtube.com/watch?v=gVckFHa7aV8>
14. Review MARCH, AVPU, SAMPLE
 - https://dh.cloud-cme.com/assets/dh/PDF/2022/MARCH_AVPU_SAMPLE.pdf