



“You Never Listen!”
**How to Change Self-defeating
Communication Patterns,
Reduce Stress, and
Build Harmony in Relationships**

Wednesday, September 27, 2023

Registration: 7:30 – 8:00 am

Conference: 8:00 am – 12:00 pm

Auditorium A, Dartmouth Hitchcock Medical Center, Lebanon, NH

OVERVIEW

Much stress in work and home relationships is self-caused! **PRACTICE** new skills using harmonizing statements and responses. **HEAR** the difference in more successful ways of communicating. **BE AMAZED** by your power to turn around unpleasant communication. Caution! This course can reduce your stress, improve your health, and make you happier!

LEARNING OUTCOME

At the conclusion of this learning activity, (at least 75% of) participants will be able to utilize at least three new skills to enhance their overall communication techniques.

REGISTRATION

The registration fee is \$20. [NEAH members](#) and [member organizations](#) are \$15. Dartmouth Hitchcock Medical Center and Clinics employees are \$10. Need-based scholarships are available to employees. For information, please email amanda.e.sanchez@hitchcock.org.

Advance registration is required for planning purposes. Please make every effort to register seven (7) business days in advance of the learning activity. We will not accept walk-in or late registrants on the day of the learning activity.

To register, please visit the event website: <https://dh.cloud-cme.com>. For registration questions, please call (603) 653-1234 or email clpd.support@hitchcock.org.

If you need to cancel your registration, please call (603) 653-1234 or email clpd.support@hitchcock.org. Cancellations should be made seven (7) business days in advance of the learning activity.

ACCREDITATION

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Dartmouth Health designates this live activity for a maximum of 3.75 ANCC contact hours.

Other Learners: All other learners may claim general attendance credit. Consult your professional licensing board regarding the applicability and acceptance of general attendance credit for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

FACULTY

Researched and presented by Jeanne Childs, BCC, MA, Board Certified Clinical Geriatric Chaplain. Jeanne worked for many years at The D-H Aging Resource Center. Though now retired, she maintains her certification and volunteers in the community.



REGISTER ONLINE: <https://dh.cloud-cme.com>