

Winter Wilderness First Aid for Nurses and EMTs



Friday and Saturday, January 20 – 21, 2023

Friday, January 20, 2023 - Registration: 3:30 – 4:00 pm, Learning Activity: 4:00 – 8:15 pm

Saturday, January 21, 2023 - Registration: 8:30 – 9:00 am, Learning Activity: 9:00 am – 4:15 pm

Auditoria A – D, Dartmouth Hitchcock Medical Center, Lebanon, NH

Boston Lot, Lebanon, NH

OVERVIEW

Have you wanted to get outside more in the winter woods but feared you couldn't do it alone? Have you and a friend wanted to do winter snowshoeing or skiing in the remote wilderness but were afraid you weren't prepared to handle emergencies? Have you thought about what you would do if you found a person wandering aimlessly, confused, or bleeding in the woods? If these questions intrigue you, this first aid course for winter wonderlands is for you! In the course, we will offer hands-on experience to support your leadership development and decision-making skills using our Wilderness Olympics format with simulated scenarios, creating hypo wrap, and building shelters. It's fun, it's outside, and it's right here in your backyard.

LEARNING OUTCOME

At the conclusion of this course, (at least 75% of) participants, using a critical thinking process that includes assessment, decision-making, intervention, management, succinct communication skills, and overall evaluation, will be able to safely care for themselves and/or a distressed person, in a cold/winter wilderness or austere setting.

REGISTRATION

The registration fee is \$75. Need-based scholarships are available. For information, please email amanda.e.sanchez@hitchcock.org.

Advance registration is required for planning purposes, as space is limited. Please make every effort to register seven (7) business days in advance of the learning activity. We will not accept walk-in or late registrants on the day of the learning activity.

To register, please visit the event website: <http://med.dartmouth-hitchcock.org/ce>. For registration questions, please call (603) 653-1234 or email clpd.support@hitchcock.org.

If you need to cancel your registration, please call (603) 653-1234 or email clpd.support@hitchcock.org. Cancellations should be made seven (7) business days in advance of the learning activity. See event website for refund policy.

PRE-CONFERENCE LEARNING REQUIREMENT

To participate in this learning activity, you must complete the pre-course videos. A list is available on the activity webpage. Credit for the videos is calculated into total contact hours for the learning activity.

ACCREDITATION

Dartmouth Health Nursing Continuing Education Council is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity carries 10.5 contact hour(s).

A Certificate of Competition will be issued for the EMTs, AEMTs, and ED Technicians.

Please note: We will be outside on the trails, rain or shine, for portions of both days of this course. You will be hiking, lifting, working as a team, and participating in hands-on Wilderness First Aid drills and simulations, which require the participant to act as a patient for physical assessments.

A signed waiver is required to attend this course.

QR CODE



REGISTER ONLINE: <https://dh.cloud-cme.com>