

# NNEPQIN Fall Conference | November 21-22, 2024



## Designing Strategies to Improve Perinatal Outcomes in Northern New England Omni Mount Washington Resort, Bretton Woods NH

### WELCOME TO NNEPQIN!

#### Thursday November 21, 2024

**7:00 AM** Registration and Poster Set Up and Viewing

**8:00** Welcome, Overview of the Meeting & Tristate Perinatal Mental Health Data

*NNEPQIN Medical Co-Directors:*

*Emily Baker, MD, Maternal Fetal Medicine & Steve Ringer, MD, PhD, Neonatology*

*Dartmouth Hitchcock Medical Center, Lebanon, NH &*

*Andrea Lenartz, MPH, Maternal & Child Health Epidemiologist at University of Southern Maine, Portland, ME*

*Carolyn K. Nyamasege, PhD, MPH, MS, Epidemiologist, NH Dept. of Health & Human Services, Concord, NH*

*Lucia Orantes, Vermont Prams Coordinator, Vermont Dept. of Health, Waterbury, VT*

**8:45** TeamBirth: Solution for Dignity and Equity

*Amber Weiseth, DNP, MSN, RNC-OB, Director, Delivery Decisions Initiative, Ariadne Labs*

*Brigham and Women's Hospital, Harvard T.H. Chan School of Public Health, Boston, MA*

*April Henry MSN, RNC-OB, CNL, Director, The Family Center, Center for Reproductive Care*

*& Maternal-Fetal Medicine, Exeter Hospital, Exeter, NH*

**9:45** High Priority Infections in Pregnancy and Implications for The Newborn

*Antonia Altomare, DO, MPH, Program Director, Ryan White HIV Program, Part D*

*Infectious Disease & International Health*

*Dartmouth Hitchcock Medical Center, Lebanon, NH*

**10:45** Break and Poster Viewing

**11:00** Revised NNEPQIN VBAC Guidelines

*Rebecca C. Hunt, MD, Obstetrics & Gynecology, MaineHealth, Portland, ME*

*Emily Baker, MD, Maternal Fetal Medicine, Dartmouth Hitchcock Medical Center, Lebanon, NH*

**12:00** NNEPQIN Business Meeting & NNEPQIN Strategic Planning Discussion

*Julie Bosak, DrPH, CNM, MSN, NNEPQIN Executive Director*

**12:30** Lunch, Round Table Special Interest Groups (See handout for topics), Poster Viewing & Dessert

**2:00 Concurrent Workshops**

<p><b>NEW HIV Perinatal and Breastfeeding Guidelines</b>  <i>Antonia Altomare, DO, MPH, Program Director, Ryan White HIV Program, Part D Infectious Disease &amp; International Health Dartmouth Hitchcock Medical Center, Lebanon, NH</i></p>	<p><b>Implementing TeamBirth: Bringing Shared Decision Making to Life</b>  <i>Amber Weiseth, DNP, MSN, RNC-OB Director, Delivery Decisions Initiative, Ariadne Labs, Brigham &amp; Women's Hospital, Boston, MA</i>  <i>April Henry MSN, RNC-OB, CNL, Director, The Family Center, Center for Reproductive Care &amp; Maternal-Fetal Medicine, Exeter Hospital, Exeter, NH</i></p>	<p><b>Neonatal Potpourri: From Surfactant to Neonatal Asphyxia</b>  <i>Steve Ringer, MD, PhD Neonatologist Dartmouth Hitchcock Medical Ctr., Lebanon, NH</i>  <i>Ann Boomer, NNP Eastern Maine Medical Center, Bangor, ME</i></p>
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**3:00 Break and Move to Concurrents****3:15 Concurrent Workshops**

<p><b>VBAC Guidelines – How to Translate to Patient Centered Decision Making</b>  <i>Dr. Ann Peralta, DrPH, MPH Founder/CEO Partner to Decide Somerville, MA</i>  <i>Katherine P. Himes, MD, MSc, Maternal Fetal Medicine, DHMC, Lebanon, NH</i>  <i>NNEPQIN PCAC Members</i></p>	<p><b>NTSV Project</b>  <i>Ella A. Damiano, MD</i>  <i>Emily A. Donelan, MD</i>  <i>Obstetrics &amp; Gynecology Dartmouth Health, Lebanon, NH</i></p>	<p><b>Late Preterm Infant</b>  <i>Charles Mercier, MD, MPH</i>  <i>UVM Children's Hospital, Burlington, VT</i>  <i>Ann Boomer, NNP Eastern Maine Medical Center, Bangor, ME</i></p>
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**4:15 Break and Poster Viewing****4:30 Elective IOL: Translating Research into Practice with Patients at the Center**

*Dr. Ann Peralta, DrPH, MPH, Founder/CEO of Partner to Decide, Somerville, MA*  
*Emily A. Donelan, MD, OB/GYN, Dartmouth Hitchcock Medical Center, Lebanon, NH*  
*Jess Bacon, DNP, CNM, FACNM, Wentworth-Douglass Hospital, Dover, NH*

**5:30 Adjourn for the Day****Friday, November 22, 2024****7:30 Breakfast****8:00 Peripartum Cardiomyopathy**

*Lila M. Martin, MD, MPH, Cardiovascular Disease Specialist, Director, Women's Heart Health, MaineHealth, Portland, ME*

**9:00 Novel Treatments for Postpartum Depression**

*Julie R. Frew, MD, Vice Chair of Education, Department of Psychiatry Dartmouth Hitchcock Medical Center, Lebanon, NH*

**9:45 Break to Check out of the Hotel****10:15 Concurrent Workshops**

<p><b>Maternal Mental Health Cases: Maximizing Community Based Care with a Psychiatry Consult</b>  <i>Julie R. Frew, MD, Vice Chair of Education, Department of Psychiatry, Dartmouth Hitchcock Medical Center, Lebanon, NH</i>  <i>Nicholas Marks, MD, FACOG, Littleton Regional Healthcare, Littleton, NH</i>  <i>Viking A. Hedberg, MD, MPH, Concord Hospital, Concord, NH</i></p>	<p><b>Peripartum Cardiomyopathy: Cardiac Case Review</b>  <i>Lila M. Martin, MD, MPH</i>  <i>Cardiovascular Disease Specialist Director, Women's Heart Health MaineHealth, Portland, ME</i></p>	<p><b>Cradling Connections - Because It's Never Just Lactation Support: Patient and Community Centered Lactation Support in the setting of Substance Use and Misuse.</b>  <i>Amy L. Wenger, RN, IBCLC</i>  <i>Clinical Nurse Manager-Family &amp; Children's VNA of the Southwest region</i>  <i>St. Albans, Vermont</i></p>
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**11:00 Move to Concurrent Session**

**11:15 Concurrent Workshops:**

<p><b>Caring for Patients with IVF Pregnancy</b>  <i>Katherine P. Himes, MD, MSc</i>  <i>Maternal Fetal Medicine,</i>  <i>DHMC, Lebanon, NH</i></p>	<p><b>Preparation for Postpartum Hemorrhage through Virtual Reality</b>  <i>Jessica L. Wood, DNP, WHNP-BC, RNC-OB</i>  <i>Jennifer Robtoy, MSN, RNC-OB</i>  <i>Norwich University, School of Nursing</i>  <i>Northfield, VT</i></p>	<p><b>PQC-VT Neonatal Outreach and Skills Session – Basic</b>  <i>Whittney D. Barkhuff, MD, PhD</i>  <i>Neonatologist</i>  <i>University of Vermont Medical Center</i>  <i>Burlington, VT</i>  <b>Assisting with Simulation:</b>  <i>Charles Mercier, MD, MPH</i>  <i>UVM Children’s Hospital, Burlington, VT</i>  <i>Ann Boomer, NNP</i>  <i>Eastern Maine Medical Center, Bangor, ME</i>  <i>Steve Ringer, MD, PhD Neonatologist</i>  <i>Dartmouth Health, Lebanon, NH</i></p>
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**12:15 Lunch & Poster Viewing****1:30 Concurrent Workshops:**

<p><b>Preparing for Vaginal Breech Delivery</b>  <i>Heidi F. Reinhart, MD, OB/GYN</i>  <i>Cheshire Medical Center, Keene, NH</i>  <i>Robin Leight, MD, OB/GYN</i>  <i>Copley Hospital, Morrisville, VT</i>  <i>Ella A. Damiano, MD, OB/GYN</i>  <i>Emily A. Donelan, MD, OB/GYN</i>  <i>Dartmouth Health, Lebanon, NH</i>  <i>Sherry A. Stevens, CPM, NHCM, New Life</i>  <i>Midwifery Service, Meredith, NH</i>  <i>Jess Bacon, DNP, CNM, FACNM</i>  <i>Wentworth-Douglass Hospital, Dover, NH</i></p>	<p><b>Preparation for Postpartum Hemorrhage through Virtual Reality</b>  <i>Jessica L. Wood, DNP, WHNP-BC, RNC-OB</i>  <i>Jennifer Robtoy, MSN, RNC-OB</i>  <i>Norwich University, School of Nursing</i>  <i>Northfield, VT</i>  <b>(Repeated session)</b></p>	<p><b>PQC-VT Neonatal Outreach and Skills Session – Advanced</b>  <i>Whittney D. Barkhuff, MD, PhD</i>  <i>Neonatologist</i>  <i>University of Vermont Medical Center</i>  <i>Burlington, VT</i>  <b>Assisting with Simulation:</b>  <i>Charles Mercier, MD, MPH</i>  <i>UVM Children’s Hospital, Burlington, VT</i>  <i>Ann Boomer, NNP</i>  <i>Eastern Maine Medical Center, Bangor, ME</i>  <i>Steve Ringer, MD, PhD Neonatologist</i>  <i>Dartmouth Health, Lebanon, NH</i></p>
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**2:30 Move to General Session****2:45 Post Op Pain Management Guidelines for Patient with MOUD & Implications for the Newborn**

*Johanna Cobb, MD, Anesthesiology*  
*Dartmouth Hitchcock Medical Center, Lebanon, NH*

**3:45 Adjourn**

**Learning Objective:** At the conclusion of this activity, learners will be able to describe two innovative strategies to improve Maternal and Neonatal Outcomes.

**Accreditation**

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Credit Designation****American Medical Association (AMA)**

Dartmouth Health designates this live activity for a maximum of *11.5 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**American Nurses Credentialing Center (ANCC)**

Dartmouth Health designates this live activity for a maximum of 11.5 ANCC contact hours.

**Other Learners:** All other learners may claim CME-designated participation credit. Consult your professional licensing board regarding the applicability and acceptance of CME-designated participation credit for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

# SAVE THE DATES!

Fully Virtual Conferences

We hope you can join us!

 <p>NORTHERN NEW ENGLAND PERINATAL QUALITY IMPROVEMENT NETWORK</p>	<h2>2025 NNEPQIN Winter Conference</h2>	 <p><small>Photo by Aaron Burdick on Unsplash</small></p>
<p>Thursday, March 6, 2025 ● 8:45 am – 4:30 pm Live Stream from Lebanon, NH</p>		

AND

 <p>NORTHERN NEW ENGLAND A Dartmouth-Hitchcock Program</p>	<h2>2025 NNEPQIN Spring Conference</h2> <p>Thursday, June 12, 2025</p>	 <p><small>Photo by Joel Holland on Unsplash</small></p>
<p>Live Stream from Lebanon, NH</p>		