

The 2022 Holistic Care Conference Introduction to Clinical Aromatherapy



Thursday, October 13, 2022

Registration: 7:30 – 8:00 am

Conference: 8:00 am – 3:00 pm

The Hilton Garden Inn, 35 Labombard Road, Lebanon, NH

OVERVIEW

Aromatherapy is the art and science of utilizing naturally extracted aromatic essences (essential oils) from plants to balance, harmonize, and promote the health of the body, mind, emotions, and spirit. Aromatherapy has gained popularity in healthcare facilities as a safe and cost-effective complementary and integrative therapy. Please join us as we learn more about the evidence-based utilization of essential oils in nursing and for personal well-being.

Essential oil experiential activities will be included prior to the conclusion of the conference day.

LEARNING OUTCOME

At the conclusion of this learning activity, (at least 75% of) participants will be able to discuss the use of clinical aromatherapy as one way to enhance patient care in health care settings.

REGISTRATION

The registration fee is \$75. [NEAH members](#) and [member organizations](#) are \$50. Dartmouth Hitchcock Medical Center and Clinics employees are \$25. Need-based scholarships are available to employees. For information, please email amanda.e.sanchez@hitchcock.org.

Advance registration is required for planning purposes. Please make every effort to register seven (7) business days in advance of the learning activity. We will not accept walk-in or late registrants on the day of the learning activity.

To register, please visit the event website: <https://dh.cloud-cme.com>. For registration questions, please call (603) 653-1234 or email clpd.support@hitchcock.org.

If you need to cancel your registration, please call (603) 653-1234 or email clpd.support@hitchcock.org. Cancellations should be made five (5) business days in advance of the learning activity.

Attention Dartmouth Hitchcock Medical Center (DHMC) Employees: By registering for this learning activity, you are agreeing to attend. DHMC is allocating resources for your attendance and participation. If you cannot attend, you must provide the appropriate notification as soon as possible: ideally more than 24-hours in advance of the program start date. (In more emergent situations, an emailed explanation of the inability to attend, by either the registrant or a supervisor, is acceptable.) If you do not attend the activity and fail to provide appropriate notice, you may receive corrective action from your supervisor.

ACCREDITATION

Dartmouth Health Nursing Continuing Education Council is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity carries 5.5 contact hour(s).

AGENDA

Presented by: Denise Joswiak BSN, RN, HNB-BC, Certified Clinical Aromatherapist

7:30 – 8:00 am	Registration and Continental Breakfast (provided)
8:00 – 8:15 am	Welcome and Housekeeping Planning Committee Member
8:15 – 8:30 am	Overview and Objectives
8:30 – 8:45 am	Holistic Self-Care Techniques
8:45 – 9:45 am	Aromatherapy
9:45 – 10:30 am	Essential Oils
10:30 – 10:45 am	Break
10:45 – 11:15 am	Evidence-Based and Best Practice
11:15 am – 12:15 pm	Health-care Based Aromatherapy Programs
12:15 – 1:00 pm	Lunch (provided)
1:00 – 1:15 pm	Energize and Refocus
1:15 – 1:30 pm	Aromatherapy Education and Professional Organizations
1:30 – 1:45 pm	What Are Your Next Steps – Group Experiential
1:45 – 2:15 pm	Experiential Activities (Inhaler/Use)
2:15 – 2:30 pm	Break
2:30 – 2:45 pm	Affirmation and Guided Imagery
2:45 – 3:00 pm	Questions and Closing Remarks

NOTE TO PARTICIPANTS

Essential oils will be used at this conference. If you are "scent-sensitive," attendance is not advised.

QR CODE



REGISTER ONLINE: <https://dh.cloud-cme.com>