

The Holistic Care Nursing Conference: *Foundation to Herbalism*



Wednesday, May 15, 2024

Registration: 7:30 – 8:00 am

Conference: 8:00 am – 3:30 pm

Auditorium G, Dartmouth Hitchcock Medical Center, Lebanon, NH

OVERVIEW

The history of herbal medicine in the United States is a unique one. Traditional Western Herbalism has its roots in European, indigenous, and classical practices, and over time, has also come to co-exist with more well-known medicine cultures such as Chinese medicine and Ayurveda. In this course, we will utilize lecture-based learning as well as small group casework, hands-on experiences, and audience participation to learn the basics of the Western apothecary and how it can be used in practical, safe, and effective ways in a wide variety of patient interactions.

LEARNING OBJECTIVE(S)

At the conclusion of this learning activity, participants will be able to:

1. Discuss the fundamental principles of Traditional Western Herbalism, including their relevance to individual health and patient care.
2. Describe two physiological effects of commonly used herbs on the human body.
3. Develop the ability to discern and select herbal preparations that align with specific healthcare objectives and patient needs.

REGISTRATION

The registration fee is \$45. [NEAH members](#) and [member organizations](#) are \$40. Dartmouth Hitchcock Medical Center and Clinics employees are \$35. Need-based financial scholarships are available. For information, please email

amanda.e.sanchez@hitchcock.org.

Please make every effort to register seven (7) business days in advance of the learning activity. We will not accept walk-in or late registrants on the day of the learning activity.

To register, please visit the event website: <https://dh.cloud-cme.com>. For registration questions, please call (603) 653-1234 or email clpd.support@hitchcock.org.

If you need to cancel your registration, please call (603) 653-1234 or email clpd.support@hitchcock.org.

Cancellations should be made seven (7) business days in advance of the learning activity.

ACCREDITATION

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Dartmouth Health designates this live activity for a maximum of 6.0 ANCC contact hours.

Other Learners: All other learners may claim general attendance credit. Consult your professional licensing board regarding the applicability and acceptance of general attendance credit for programs certified for credit by organizations accredited by Joint

Accreditation for Interprofessional Education.

ABOUT THE SPEAKER

Lauren Eadline MSN, FNP-C, RH (AHG), is a Nurse Practitioner, herbalist, wife, and mother. As an NP, she works in primary care, serving the Syracuse, NY, area as a proud Upstate Medical University's Internal Medicine group member. She also has a medical background in cardiology and endocrinology and is a practicing herbalist and plant medicine educator. Lauren believes strongly in preventative health and living well and works to serve in these areas. In both her practitioner and educator capacities, she utilizes nutritional interventions, lifestyle changes, herbal therapies, and Western medicine to help folks along the path of healing and promote health empowerment.

NOTE TO PARTICIPANTS

Are you "scent sensitive?" Attendance is not advised, as experiential activities are planned throughout the day.



SCAN ME



REGISTER ONLINE: <https://dh.cloud-cme.com>