Palmer Perinatal & Women's Wellness, PLLC

	MAINE	NEW HAMPSHIRE	VERMONT
Postpartum Support International	PSI - Maine Chapter	PSI - New Hampshire Chapter	PSI - Vermont Chapter
Home Visiting Programs **Public Health Nursing**	CradleME CradleME Request Form - Instructions (PDF) CradleME Request Form (PDF) Public Health Nursing webpage www.mainefamilies.org	Healthy Families – Home Visiting	Strong Families - Vermont Vermont Health - Family and Child Resources for Educators and Providers
Early Intervention	Child Developmental Services webpage.	NH Birth to 3 - Family Centered Early Supports & Services	Help Me Grow - VT Help Me Grow - VT: Universal Referral Form
Family Resource Centers **Center for Parent Information & Resources**	Resource Guide for Maine Families-Schools-Communities Maine Kinship Resources Maine Parent Federation	Family Support New Hampshire (FSNH) Kinship Caregiver Guide New Hampshire Children's Trust The Moore Center NH Parent Information Center NH Family Voices: Navigating the Maze NH Family Voices	Vermont Family Network VT Parent Child Center Network
Perinatal Substance Use	MaineMOM.org Maine Access Points Maine Plan of Safe Care - Resources Know Your Options - Maine	NH Perinatal Substance Exposure Collaborative NH Supports for Pregnant and Parenting Women - Regional NH SBIRT Implementation Playbook for Perinatal Providers	Substance Use in Pregnancy - Provider Tips VT Helplink 802-566-LINK Pregnant & Parenting Resources – Substance Use
WIC	Maine WIC	NH WIC NH - Local WIC Offices Online WIC NH: Pre-application tool	Vermont WIC VT WIC: Online Application

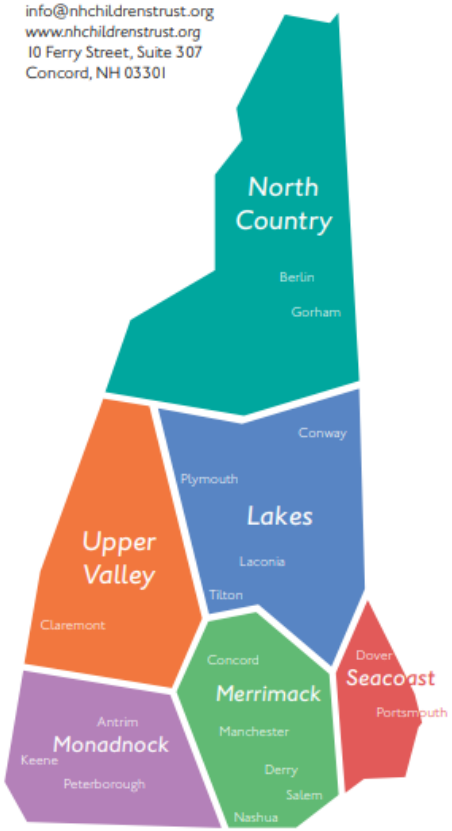
Select Autism Resources for NH:

NH Council on Autism Spectrum Disorders www.nhcouncilonasd.org
Asperger/Autism Network (AANE) www.aane.org **(617) -393-3824**
NH4Autism Facebook: www.facebook.com/NH4Autism/
Autism Speaks, New England Chapter www.autismspeaks.org/new-england **(617) 726-1111**

NH FAMILY RESOURCE CENTERS
INTERACTIVE EMERGENCY CONTACT LIST

Family Support New Hampshire
P.O. Box 1544
Concord, NH 03102
FSNHweb@gmail.com
www.fsnh.org

New Hampshire Children's Trust
New Hampshire chapter of Prevent Child Abuse America
(603) 224-1279
info@nhchildrenstrust.org
www.nhchildrenstrust.org
10 Ferry Street, Suite 307
Concord, NH 03301



THE FAMILY RESOURCE CENTER
Serving Coos County & N. Grafton County
123 Main St.
Gorham, NH 03581
Main & Referral: (603) 466-5190
Emergency On-Call: (603) 723-4057
familysupport@frc123.org
www.frc123.org
Available during normal business hours and by appointment.

CHILDREN UNLIMITED INC.
Serving Carroll County
182 Main St.
Conway, NH 03818
Main & Referral: (603) 447-6356, ext. 111
Emergency On-Call: (603) 651-8676
bross@childrenunlimitedinc.org
www.childrenunlimitedinc.org
Available during normal business hours and 24 hour availability for existing clients.

FAMILY RESOURCE CENTER OF CENTRAL NH
Serving the Lakes Region
719 North Main St.
Laconia, NH 03246
Main & Referral: (603) 524-8811
erin.pettengill@lrcs.org
www.lrcs.org/family-resource-center
Available during normal business hours.

LAKES REGION FAMILY CENTER COMMUNITY ACTION PROGRAM
Serving Belknap County
121 Belmont Rd.
Laconia, NH 03246
Main: (603) 528-5334
Head Start: (603) 528-5334
HFA: (603) 528-5334, ext. 125
Food Pantry: (603) 524-5512
Emergency On-Call: (603) 856-9104
FreemanToth@BM-Cap.org
www.bm-cap.org/
Available during normal business hours.

WHOLE VILLAGE FAMILY RESOURCE CENTER
Serving Grafton County & Town of New Hampton
258 Highland St.
Plymouth, NH 03264
Main & Referral: (603) 536-3720
www.graniteuw.org/our-work/granite-united-way-initiatives/whole-village
Available during normal business hours.

GREATER TILTON AREA FAMILY RESOURCE CENTER
Serving Tilton, Northfield, Franklin, Sanbornton & surrounding towns
5 Prospect St.
Tilton, NH 03276
Main & Referral: (603) 286-4255
www.gtafrc.com
Available during normal business hours.

COMMUNITY ACTION PARTNERSHIP OF STRAFFORD COUNTY
Serving Strafford County
577 Central Ave.
Dover, NH 03820
Main: (603) 435-2500
Child & Family Services: (603) 435-2500, ext. 8108
Emergency On-Call: (603) 435-2500
pgyurcsan@straffordcap.org
www.straffordcap.org
Availble during normal business hours.

FAMILIES FIRST HEALTH AND SUPPORT CENTER
Serving Rockingham County
100 Campus Dr., Suite 12
Portsmouth, NH 03801
Main: (603) 422-8209—CFSS, Partners in Health & help with Special Education
Emergency On-Call: (603) 742-7084
gclark@familiesfirstseacoast.org
www.familiesfirstseacoast.org/family-programs
Available during normal business hours.

EASTER SEALS CHILD DEVELOPMENT AND FRC
Serving Greater Manchester
435 S. Main St.
Manchester, NH 03102
Main & Referral: (603) 666-5982
kmckenney@eastersealsnh.org
www.easterseals.com/nh/our-programs/child-development-centers
Available during normal business hours.

THE UPPER ROOM A FAMILY RESOURCE CENTER
Serving Southern NH & Rockingham County
36 Tsienneto Rd.
Derry, NH 03038
Main: (603) 427-8477, ext. 10
bguggisberg@urteachers.org
www.urteachers.org
Available during normal business hours.

SALEM FAMILY RESOURCES
Serving the Greater Salem Area
24 School St.
Salem, NH 03079
Main & Referral: (603) 898-5493
cjury@salemfamilyresources.org
www.salemfamilyresources.org
Available during normal business hours.

WAYPOINT: A FAMILY AND COMMUNITY RESOURCE CENTER

Serving Hillsborough County (not including Manchester)
113 West Pearl St.
Nashua, NH 03060
Main: (603) 518-4000
Referral: (603) 518-4390
hvreferrals@waypointnh.org
waypointnh.org
Available during normal business hours.

Serving City of Manchester
464 Chestnut St.
Manchester, NH 03105
Main: (603) 518-4000
Referral: (603) 518-4390
hvreferrals@waypointnh.org
waypointnh.org
Available during normal business hours.

Serving Merrimack County
103 North State St.
Concord, NH 03301
Main: (603) 518-4000
Referral: (603) 518-4390
hvreferrals@waypointnh.org
waypointnh.org
Available during normal business hours.

FAMILY CONNECTIONS CENTER
Serving all families with a NH incarcerated parent
PO Box 14
Concord, NH 03802
Main: (603) 271-1926
kristina.toth@doc.nh.gov
www.nh.gov/nhdoc/fcc
Available during normal business hours.

TLC FAMILY RESOURCE CENTER
Serving Sullivan & Lower Grafton Counties
109 Pleasant St.
Claremont, NH 03743
Main & Referral: (603) 542-1848
Emergency On-Call: (802) 230-5859
maggie@tlcfamilyrc.org
www.tlcfamilyrc.org
Available during normal business hours.

THE CENTER FOR RECOVERY
Serving Sullivan & Lower Grafton Counties
1 Pleasant St.
Claremont, NH 03743
Main & Referral: (603) 287-7127
Emergency On-Call: (603) 558-7017
Dan@tlcfamilyrc.org
tlcfamilyrc.org/thecenter
Available during normal business hours.

HEALTHY STARTS AT HCS
Serving Southwestern NH
312 Marlboro St.
Keene, NH 03431
Main & Referral: (603) 352-2253
pvaine@hcsservices.org
www.hcsservices.org/healthy-starts
Available during normal business hours.

THE GRAPEVINE FAMILY AND COMMUNITY RESOURCE CENTER
Serving Hillsborough County (E. Monadnock Region)
4 Aiken St.
Antrim, NH 03440
Main & Referral: (603) 588-2620
melissag@grapevinenh.org
www.grapevinenh.org
Available during normal business hours.

THE RIVER CENTER FAMILY AND COMMUNITY RESOURCE CENTER
Serving E. Monadnock Region (Peterborough & surrounding towns)
9 Vose Farm Rd., Suite 115
Peterborough, NH 03458
Main & Referral: (603) 924-6800
On-Call Emergency: (603) 562-5238
***text if emergency**
www.rivercenter.us
Available during normal business hours.

FAMILY SUPPORT NEW HAMPSHIRE

New Hampshire Children's Trust
New Hampshire chapter of Prevent Child Abuse America

NH Family Voices: Family Resource Center Map https://nhfv.org/wp-content/uploads/2020/07/Family-Resource-Centers.pdf