RSS: ***Medicine Grand Rounds 2026***

Session Date: *December 4, 2026 ● 8:00 AM – 9:00 AM*

Title: ***Medicine Grand Rounds 2026 - 12/4/2026 - Speaker: Donald M. Lloyd-Jones Title: Life's Essential 8: A new paradigm for cardiovascular health across the life course***

Session Speaker:

Donald M Lloyd-Jones, MD, ScM
Professor and Center Director
Boston University School of Medicine

Accreditation:
In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

American Medical Association (AMA)
Dartmouth Health designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Learners: All other learners may claim CME-designated participation credit. Consult your professional licensing board regarding the applicability and acceptance of CME-designated participation credit for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

Learning Objectives:
At the conclusion of this learning activity, participants will be able to:
1 Describe the most recent evidence that guides prevention, diagnosis and treatment of medical illness
2 Apply medical evidence to improve health care quality and patient and family experience of care
3 Promote the principles of health equity and respect for human dignity in clinical care, research and teaching

Dartmouth Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including planners, faculty, authors, or others are required to disclose all financial relationships with ineligible companies^. All relevant financial relationships have been mitigated prior to the commencement of the activity.

^Ineligible Company is any entity whose primary business purpose is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Nathan Goldstein, MD	Other Planning Committee Member	Consulting Fee-agilon health (Relationship has ended) - 10/28/2026
Kelly A Kieffer, MD	Course Director	Nothing to disclose - 10/15/2026
Donald M Lloyd-Jones, MD, ScM	Faculty	Nothing to disclose - 10/26/2026
Robert K Thomas	Activity Coordinator	Nothing to disclose - 10/15/2026

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