

RSS: OB/GYN Grand Rounds 2026

Session Date: May 29, 2026 ● 8:00 AM – 9:00 AM

Title: *OB/GYN Grand Rounds 2026 - 5/29/2026 - Novel Treatments for Postpartum Depression; Presented by Julie Frew, MD*

Session Speaker:

Julia R Frew, MD
Assistant Professor of Psychiatry
Geisel School of Medicine at Dartmouth

Accreditation:

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Successful completion of this CME activity, enables the learner to earn 1.00 credit(s) toward the CME requirement(s) of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

American Medical Association (AMA)

Dartmouth Health designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Learners: All other learners may claim CME-designated participation credit. Consult your professional licensing board regarding the applicability and acceptance of CME-designated participation credit for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

Learning Objectives:

At the conclusion of this learning activity, participants will be able to:

- 1 Apply current evidence-based practices and emerging research findings from across OB/GYN subspecialties to enhance diagnostic reasoning and treatment planning for complex patients.
- 1 Explain possible etiologies of postpartum depression
- 2 Describe pharmacologic treatment options for postpartum depression, including novel hormonal agents
- 2 Recognize clinical presentations that require subspecialty consultation or referral, integrating knowledge from maternal-fetal medicine, gynecologic oncology, reproductive endocrinology, and urogynecology.
- 3 Evaluate how interdisciplinary collaboration and exposure to diverse expert perspectives improve comprehensive patient care across the spectrum of women's health conditions.
- 4 Discuss non-pharmacologic interventions for postpartum depression with a focus on the critical importance of sleep

Dartmouth Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including planners, faculty, authors, or others are required to disclose all financial relationships with ineligible companies[^]. All relevant financial relationships have been mitigated prior to the commencement of the activity.

[^]*Ineligible Company is any entity whose primary business purpose is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients.*

| Name of individual | Individual's role in activity | Nature of Relationship(s) / Name of Ineligible Company(s) |
|---------------------------|--------------------------------------|--|
| Julie A Braga, MD | Other Planning Committee Member | Nothing to disclose - 10/25/2025 |
| Ella A Damiano, MD | Course Director | Nothing to disclose - 01/08/2026 |
| Katelyn M. Danner | Activity Coordinator | Nothing to disclose - 10/14/2025 |
| Emily Donelan, MD | Other Planning Committee | Nothing to disclose - 04/24/2026 |

| | | |
|--------------------------|---------------------------------|---|
| | Member | |
| Julia R Frew, MD | Faculty | Nothing to disclose - 03/10/2026 |
| Charlotte V Hastings, MD | Other Planning Committee Member | Advisor-Bea Fertility Advisor-Peripear - 10/17/2025 |

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