

RSS: OB/GYN Grand Rounds 2026

Session Date: February 6, 2026 ● 8:00 AM – 9:00 AM

Title: OB/GYN Grand Rounds 2026 - 2/6/2026 - *Eating Disorders in Women: Recognition, Risk, and Clinical Management;*

Presented by Marcia Herrin, EdD, MPH, RDN, LD, FAED

Session Speaker:

Marcia Herrin, EdD, MPH, RDN, LD

Nutritionist

Herrin Nutrition Services

Accreditation:

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Successful completion of this CME activity, enables the learner to earn 1.00 credit(s) toward the CME requirement(s) of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

American Medical Association (AMA)

Dartmouth Health designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Learners: All other learners may claim CME-designated participation credit. Consult your professional licensing board regarding the applicability and acceptance of CME-designated participation credit for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

Learning Objectives:

At the conclusion of this learning activity, participants will be able to:

- 1 Apply current evidence-based practices and emerging research findings from across OB/GYN subspecialties to enhance diagnostic reasoning and treatment planning for complex patients.
- 2 Recognize clinical presentations that require subspecialty consultation or referral, integrating knowledge from maternal-fetal medicine, gynecologic oncology, reproductive endocrinology, and urogynecology.
- 3 Evaluate how interdisciplinary collaboration and exposure to diverse expert perspectives improve comprehensive patient care across the spectrum of women's health conditions.
- 4 Recognition & Clinical Presentation: Participants will be able to identify the clinical presentations, medical complications, and risk factors for eating disorders (anorexia nervosa, bulimia nervosa, binge eating disorder, ARFID, and other specified and unspecified feeding/eating disorders) in women of reproductive age, including manifestations that may be missed or misdiagnosed.
- 5 Clinical Management & Interdisciplinary Collaboration: Participants will be able to implement evidence-based management strategies for patients with eating disorders in the OB/GYN setting, including appropriate medical assessment, treatment level decisions, and referrals

Dartmouth Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including planners, faculty, authors, or others are required to disclose all financial relationships with ineligible companies[^]. All relevant financial relationships have been mitigated prior to the commencement of the activity.

[^]*Ineligible Company is any entity whose primary business purpose is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients.*

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Julie A Braga, MD	Other Planning Committee Member	Nothing to disclose - 10/25/2025

Ella A Damiano, MD	Course Director	Nothing to disclose - 01/08/2026
Katelyn M. Danner	Activity Coordinator	Nothing to disclose - 10/14/2025
Emily Donelan, MD	Other Planning Committee Member	Nothing to disclose - 04/18/2025
Charlotte V Hastings, MD	Other Planning Committee Member	Advisor-Bea Fertility Advisor-Peripear - 10/17/2025
Marcia Herrin, EdD, MPH, RDN, LD	Faculty	Nothing to disclose - 01/14/2026

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