

## **RSS: OB/GYN Grand Rounds 2025**

**Session Date:** September 19, 2025 ● 8:00 AM – 9:00 AM

**Title:** *OB/GYN Grand Rounds 2025 - 9/19/2025 - Patient-Centered IUD Insertion: Standardizing Pain Management Counseling and Patient Preference Documentation; Presented by Emma Martenis-Robiner, APRN*

### **Session Speaker:**

Ilana Cass, MD  
VP Svc Ln & Dept Chair-Ob/Gyn  
Dartmouth Hitchcock Medical Center

Emma C Martenis-Robiner, APRN, WHNP-BC

Dartmouth Hitchcock

### **Accreditation:**

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **American Medical Association (AMA)**

Dartmouth Health designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Learners: All other learners may claim CME-designated participation credit. Consult your professional licensing board regarding the applicability and acceptance of CME-designated participation credit for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

### **Learning Objectives:**

At the conclusion of this learning activity, participants will be able to:

- 1 Discuss at least three examples of the current status of translation research in this clinical specialty.
- 2 • Clinical Practice Gap Recognition: Recognize that only ~5% of 2.4million outpatient IUD insertions involve pain management medication, despite available evidence
- 3 • Understand that 67.3% of patients experience more pain than providers indicated during counseling
- 4 • Analyze how practice variation in pain management counseling affects patient experience and contraceptive uptake
- 5 • Shared Decision- Making Implementation
- 6 • Apply the 2025 ACOG Clinical Consensus recommendations emphasizing patient autonomy in procedural pain management
- 7 • Apply choice comparison table
- 8 • Describe how systematic patient preference documentation supports patient-centered care and quality

Dartmouth Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including planners, faculty, authors, or others are required to disclose all financial relationships with ineligible companies<sup>^</sup>. All relevant financial relationships have been mitigated prior to the commencement of the activity.

<sup>^</sup>*Ineligible Company is any entity whose primary business purpose is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients.*

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Tina C Foster, MD	Other Planning Committee Member	
Rebecca H Evans, MD	Other Planning Committee	Nothing to disclose - 09/19/2024

	Member	
Ilana Cass, MD	Faculty	Nothing to disclose - 09/30/2024
Robert N Blatman, MD	Course Director	Nothing to disclose - 11/14/2024
Emma C Martenis-Robiner, APRN, WHNP-BC	Faculty	Nothing to disclose - 08/21/2025
Katelyn M. Danner	Activity Coordinator	Nothing to disclose - 10/15/2024

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