

RSS: Pediatric Grand Rounds 2025

Session Date: November 12, 2025 ● 8:00 AM – 9:00 AM

Title: *Pediatric Grand Rounds 2025 - 11/12/2025: Lifestyle Intervention: Navigating Clinic Conversations & Barriers to Change.*

Amanda Boyd, Hannah Brilling, Krystal Regan

Session Speaker:

Krystal Badillo Regan, PhD
Clinical psychologist
Dartmouth Health

Amanda Boyd, MPH
Health & Wellness Coach
Dartmouth Hitchcock Medical Center

Hannah Brilling, RD, CSOWM
Clinical Dietitian
Dartmouth Health

Accreditation:

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Successful completion of this CME activity, enables the learner to earn 1.00 credit(s) toward the CME requirement(s) of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

American Medical Association (AMA)

Dartmouth Health designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)

Dartmouth Health designates this live activity for a maximum of 1.00 ANCC contact hour(s).

Other Learners: All other learners may claim CME-designated participation credit. Consult your professional licensing board regarding the applicability and acceptance of CME-designated participation credit for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

Learning Objectives:

At the conclusion of this learning activity, participants will be able to:

1 Discuss at least three topics from either the scientific, quality, or public health arena that may lead to the improvement of child health from an individual, health care system and/or societal perspective.

Dartmouth Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including planners, faculty, authors, or others are required to disclose all financial relationships with ineligible companies[^]. All relevant financial relationships have been mitigated prior to the commencement of the activity.

[^]*Ineligible Company is any entity whose primary business purpose is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients.*

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of
--------------------	-------------------------------	-------------------------------------

		Ineligible Company(s)
Krystal Badillo Regan, PhD	Faculty	Nothing to disclose - 10/22/2025
Amanda Boyd, MPH	Faculty	Nothing to disclose - 11/05/2025
Emily C Brayton, RN	Other Planning Committee Member	Nothing to disclose - 09/29/2025
Hannah Brilling, RD, CSOWM	Faculty	Nothing to disclose - 10/27/2025
Gordon D Callaway, PA-C	Other Planning Committee Member	Nothing to disclose - 09/29/2025
Samantha A House, DO	Other Planning Committee Member	Nothing to disclose - 09/29/2025
Bridget A Linehan, PhD, APRN	Other Planning Committee Member	Nothing to disclose - 10/15/2025
Keith J Loud, MD, MSc, MMgmt	Other Planning Committee Member	Ownership-ROM Tech Membership on Advisory Committees or Review Panels, Board Membership, etc.-Acadia Pharmaceuticals - 09/29/2025
Eleni A Panagoulis, MBA	Activity Coordinator	Nothing to disclose - 09/29/2025
Nidhi D Shah, MD, FACMG	Other Planning Committee Member	Nothing to disclose - 09/29/2025
Erik M Shessler, MD	Other Planning Committee Member	Nothing to disclose - 09/29/2025
Catherine D Shubkin, MD	Course Director	Nothing to disclose - 02/19/2025

Mobile Text-In Code for this Session Only

<Code>

Code Expires in 48 Hours

Text Requests for Credit to this Number:
(833-884-3375)

Need help?
clpd.support@hitchcock.org

Create New Account
dh.cloud-cme.com