

PRECONFERENCE OPTION 1

Obstetrics Simulation

TIME	ACTIVITY
11:45AM	Registration
12:15	Shoulder dystocia didactic
1:15	Shoulder dystocia simulation
3:00	Break with snacks and drinks provided
	(15 min)
3:15	Manual rotation of an OP fetus didactic
3:45	Manual rotation of an OP fetus simulation
4:30PM	Closing remarks and wrap up

Faculty:
Emily Donelan, MD, Medical Director, Birthing Pavilion, Dartmouth
Hitchcock Medical Center
Wendy Conway, MD, OBGYN Hospitalist, University of Vermont
Medical Center
Marni Madnick, MD, OBGYN Hospitalist, MaineHealth Memorial
Hospital
Jessica Densmore, CNM, Midwife, Dartmouth Hitchcock Medical
Center
Julie Bosak, CNM, Midwife, Dartmouth Hitchcock Medical Center
Emily Watson, RN, Perinatal Outreach Coordinator, Maine Medical
Center
Kelsey Murray, RN, Clinical Nurse Educator, Dartmouth Hitchcock
Medical Center
Amelie Thurston, RN, Clinical Nurse Educator, University of Vermont
Medical Center
Petrice DiDominic, RN, Perinatal Outreach Nurse, Dartmouth
Hitchcock Medical Center
Emily Brayton, RN, Perinatal Outreach Nurse, Dartmouth Hitchcock

Learning Objective:

At the conclusion of this activity, learners will be able to describe at least two innovative strategies to improve perinatal outcomes.

Medical Center

PRECONFERENCE OPTION 2

Neonatal Simulation

TIME	ACTIVITY
11:45AM	Registration
12:15	Overview
12:25	Skills Station 1
1:00	Skills Station 2
1:30	Skills Station 3
	Break with snacks and drinks provided
2:00	(15 min)
2:15	Neonatal Simulation 1
3:00	Neonatal Simulation 2
3:45	Neonatal Simulation 3
4:30	Closing remarks and wrap up

Skills Station Options	1. CPAP setup and fitting/administration
	2. PPV/MRSOPA
	3. LMA placement
	4. UVC placement and volume expansion
	5. Needle decompression
	6. Glide scope use and intubation
Simulation Options	1. Meconium aspiration
	2. Pre-term delivery
	3. Emergency c-section for abruption
	4. Post shoulder dystocia care

Faculty:

Michelle Tyler, MD, Medical Director and Fellowship Director, ICN,
Dartmouth Hitchcock Medical Center
Charles Mercier, MD, MPH, Neonatology, University of Vermont
Medical Center
Steven Ringer, MD, Department Chair, Neonatology, Dartmouth
Hitchcock Medical Center
Sean Rossi, MD, Pediatric Hospitalist, Concord Hospital
Ann Boomer, NP, Lead NP and Perinatal Outreach Coordinator,
Northern Light Eastern Maine Medical Center
Leigh Copsey, RN, Clinical Supervisor, MaineHealth Memorial
Hospital

ACCREDITATION

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

American Medical Association (AMA)

Dartmouth Health designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)

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Other Learners: All other learners may claim CME-designated participation credit. Consult your professional licensing board regarding the applicability and acceptance of CME-designated participation credit for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

Topic #3



Thursday November 20, 2025

7:00 AM Registration, Breakfast, Poster Set Up and Viewing – Presidential Ballroom Foyer

8:00 Welcome and NNEPQIN Updates – Presidential Ballroom

NNEPQIN Medical Co-Directors: Emily Baker, MD, Maternal Fetal Medicine and Steve Ringer, MD, PhD, Neonatology NNEPQIN Executive Director: Julie Bosak, DrPH, CNM, MSN Dartmouth Hitchcock Medical Center, Lebanon, NH

8:30 TeleOB: Response to OB Emergencies in the Maternity Care Desert – Presidential Ballroom

Regan Theiler, MD, PhD, FACOG Professor of Obstetrics and Gynecology, Mayo Clinic College of Medicine and Science Rochester, MN

9:30 Shared Beginnings: Collaborative HIE Care from Cord Gas to Cooling – Presidential Ballroom

Rebecca Brakeley, MD, FAAP, Pediatric Hospital Medicine / Chief of Women's and Children's Health / Associate Chief Medical Officer, Central Maine Healthcare, Lewiston, ME

Topic #2

Alexa K. Craig, MD, MS, MSc, Neonatal and Pediatric Neurologist at MaineHealth, Division Director Pediatric Neurology and Associate Professor of Pediatrics at Tufts University School of Medicine, MaineHealth, Portland, ME

10:30 Break and Poster Viewing

10:45 What's Dad Got To Do With It? Engaging Dads and Male Caregivers in the Perinatal Phase – Presidential Ballroom

Josh Miller, BA

Director and Founder, Vermont Fatherhood Inc.

Barre, VT

11:45 Lunch, Round Table Special Interest Groups (See handout for topics), Poster Viewing and Dessert

- 1902 Main Dining Room

Topic #1

Grand Ballroom - North

1:15 PM Concurrent Workshops

Empowering Expecting Mothers: Best Leading the Charge: Enhancing Revenue The First Imprint: Positioning and Reflexes at the Center of Early Lactation **Practices for Addressing Substance Use in Through Appropriate Charges and Pregnancy Leveling of Care** Care Alane O'Connor, DNP Meaghan Smith MSN, RNC-OB, C-EFM Kimberleigh Weiss-Lewit, MA, IBCLC, Director of Perinatal Addiction Medicine Director of the Family Birth Center PMH-C, Lactation Consultant & Mental MaineHealth Maine Medical Center Maine Medical Center – Portland Health Therapist Nicole Troop, BA, RN, IBCLC, PMH-C Portland, ME Portland, ME Lactation Consultant **Presidential Ballroom Grand Ballroom - South** Southwestern Vermont Medical Center Bennington, VT

2:15 Break and Move to Concurrent Workshops

2:30 Concurrent Workshops

Topic #1 Little Patients, Big Benefits? Updates on Probiotics in Babies

Julie L. Sanville, DO, FAAP
Assistant Professor of Pediatrics, Geisel
School of Medicine
Associate Pediatric Program Director, NH
Cystic Fibrosis Center
Clinical Director, Dartmouth CF Infant and
Child Cohort Study
Department of Pediatric Gastroenterology,
Hepatology and Nutrition
Children's Hospital at Dartmouth Hitchcock

Grand Ballroom - North

Topic #2

Navigating the Complexities of Adoption and Surrogacy: Emotional, Social, and Legal Perspectives on Family Formation in Medical Settings

Dr. Kate Kaufman, LCSW-R, Director of Social Work Services/ Assistant Professor of Social Work, Friends in Adoption & Siena University, Albany, NY Christine M. Hanisco, Esq., Founder and Owner, Life Stages Law, PLLC, Concord, NH Presidential Ballroom

Topic #3

TeleOB—Where do we start?

Regan Theiler, MD, PhD, FACOG Professor of Obstetrics and Gynecology Mayo Clinic College of Medicine and Science

Rochester, MN

Grand Ballroom - South

3:30 Break and Poster Viewing

Medical Center, Lebanon, NH

3:45 When Patients Prefer Non-Traditional Care: Shared Decision Making and Moral Injury – Presidential Ballroom

Jessica Densmore DM, CNM, FACNM, Instructor of Obstetrics and Gynecology, Geisel School of Medicine Steven Chapman M.D., Vice-Chair of Community Advocacy, Pediatrics

Dartmouth Hitchcock Medical Center, Lebanon, NH

4:45 Adjourn for the Day

Friday, November 21, 2025

7:30 AM Breakfast, Poster Viewing – Presidential Ballroom Foyer

8:00 Inclusive Care and Support of Patients Who Identify as LGBTQIA+ – Presidential Ballroom

Payal Srinivasa, MD, MHCI FACOG Reproductive Health Medical Director, Physician, OBGYN The Fenway Institute, Boston, MA

9:00 Crisis to Competency: Preparing EMS for Obstetric Care in Resource-Limited Settings – Presidential Ballroom

Mary Katherine Lockwood, PhD, AEMT, Clinical Professor Emerita, University of New Hampshire, Durham, NH Matthew Robblee, NRP, CP-C, Captain, Clinical Systems, NH Department of Safety, Division of Fire Standards and Training & EMS, Concord, NH

Maria Varanka, MS, NRAEMT, EMS I/C, EMS Training and Education Supervisor, New Hampshire Bureau of Emergency Medical Services, Concord, NH

10:00 Break to Check out of the Hotel

10:30 NNEPQIN VBAC Research Study Update – Presidential Ballroom

Julie Bosak, DrPH, CNM, MSN, Director of NNEPQIN and NHPQC, Dartmouth Hitchcock Medical Center, Lebanon, NH

Kelley McLean, MD, Associate Professor, Maternal Fetal Medicine, University of Vermont, Burlington, VT

11:00 Move to Concurrent Workshops

11:15 Concurrent Workshops:

Topic #1

Relationships Matter: Creating Community Through Infant Feeding

Kimberleigh Weiss-Lewit, MA, IBCLC, PMH-C, Lactation Consultant & Mental Health Therapist

Nicole Troop, BA, RN, IBCLC, PMH-C Lactation Consultant Southwestern Vermont Medical Center

Bennington, VT

Grand Ballroom - North

Topic #2

Putting Care and Support of Patients Who Identify as LGBTQIA+ into Practice

Payal Srinivasa, MD, MHCI FACOG Reproductive Health Medical Director, Physician, OBGYN The Fenway Institute, Boston, MA

Presidential Ballroom

Topic #3

Anxiety Manifestations and Treatment in the Postpartum Period

Sarah Guth, MD Perinatal Psychiatrist, Associate Professor

University of Vermont Medical Center Burlington, VT

Grand Ballroom - South

12:15 PM Lunch & Poster Viewing – 1902 Main Dining Room

1:30 Concurrent Workshops:

Topic #1

Regionalized Neonatal Care in a Large Academic Health System — How to Bring Support Closer to Home, Before and After Discharge

Grand Ballroom - North

Paul Lerou, MD Vice Chair of Community, Department of Pediatrics, Mass General Brigham Mass General Hospital, Boston, MA

Topic #2

Navigating Cannabis Conversations in Pregnancy

Jenny McManus, MD, MPH
Resident in Emergency Medicine and
Board Certified Psychiatrist
Brown University Health, Providence, RI
Presidential Ballroom

Topic #3 SSRIs in Pregnancy: A Risk-Benefit Review

Sarah Guth, MD
Perinatal Psychiatrist, Associate
Professor
University of Vermont Medical Center
Burlington, VT

Grand Ballroom - South

2:30 Move to General Session

2:45 VBAC or Repeat Cesarean: Applying Shared Decision-Making With a New Decision Aid – Presidential Ballroom

Ann Peralta, DrPH, MPH Founder and CEO, Partner to Decide Somerville, MA

3:45 Adjourn

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