



## NURSING GRAND ROUNDS

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# Increasing Ethical Awareness and Decreasing Moral Distress: An Educational Program

## Demonstrated use of the Donabedian Model

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Presented by:  
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*APRNs, RNs, LPNs, and Nursing Students  
are welcome and encouraged  
to join us!!!*

**Thursday, May 8, 2025**

Auditorium H and WebEx

Dartmouth Hitchcock Medical Center, Lebanon, NH

8:00 am – 9:00 am ~ Log on 7:50 am

### Description

Moral distress poses a significant challenge to the nursing profession, particularly in high-stress environments like the Medical ICU. When nurses are unable to act in accordance with their ethical values, the impact can be severe, potentially leading to nurse migration, emotional distancing from patients, and increased attrition rates. In response, the presenter developed the Nursing Ethics Education Seminars for nurse residents in the Medical ICU, evaluating ethical awareness and moral distress both before and after the intervention. This presentation will review the existing literature on moral distress, outline the development and implementation of this quality improvement initiative, and share the results and implications for practice.

### Learning Objective(s)

At the conclusion of this learning activity, participants will be able to:

1. Conceptualize the use of ethics education as a tool to combat moral distress in nursing.
2. Explain the tenets of the Donabedian model, including how use of this model provides RNs the opportunity to define and measure their practice as it relates to patient quality outcomes.

### Accreditation

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Dartmouth Health designates this live activity for a maximum of 1.0 ANCC contact hour.

[Click Here to Join WebEx](#)

Meeting number (access code): 2335 265 4110

Meeting password: VDmkMa4YY85



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